

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2025

## Quincy Place Senior Living Memory Care Calendar

<p>9:30 One on One Visits  <b>10:00 Chair Yoga</b>          10:30 Discussion Circle          11:00 Guess the Word          1:00 Music &amp; Mindfulness  <b>2:00 Movie Matinee &amp; Popcorn</b>          4:00 Parachute Fun!          6:00 Table Games</p>											
<p>9:30 One on One Visits  <b>10:00 Sunday Stretches</b>          10:30 Groundhog's Day Dilemma          11:00 Daily Devotions          1:00 Music &amp; Mindfulness  <b>2:00 Chapel with Pastor Dave Netzly</b>          3:00 Fellowship Hour &amp; Hymns          4:00 B'doodle          6:00 Evening Movie</p> <p style="text-align: right;">2</p>	<p><b>Happy Birthday Rosemary!</b>          9:30 Coffee &amp; Conversation  <b>10:00 Monday Moves</b>          10:30 Breathe &amp; Flow          11:00 "Mustache" Madness  <b>12PM Outing: Olive Garden</b>          1:00 Music &amp; Mindfulness  <b>2:00 Silver Sneaker Stroll</b>  <b>3:00 "Groom &amp; Glow" Social</b>          4:00 Fun with Puns          6:00 Evening Movie: Musical</p> <p style="text-align: right;">3</p>	<p>9:30 Morning Spark  <b>10:00 Chair Yoga</b>          10:30 Armchair Travel          11:00 "Rockwell" &amp; Roll          1:00 Music &amp; Mindfulness  <b>2:00 Walking Club</b>          2:30 Table Games  <b>3:00 Music: Brandon Ward</b>          4:00 Volleyball          6:00 Creative Coloring</p> <p style="text-align: right;">4</p>	<p>9:30 Coffee &amp; Conversation  <b>10:00 Wellness Wednesday</b>          10:30 Candy Bar Bingo          11:00 A-Z Game          1:00 Music &amp; Mindfulness  <b>2:00 Walk with Me</b>          2:30 Craft &amp; Laughs  <b>3:00 Social: "Nuts for Nutella"</b>          4:00 Bean Bag Toss          6:00 Table Games</p> <p style="text-align: right;">5</p>	<p>9:30 Conversation Circle  <b>10:00 Thursday Tune-up!</b>          10:30 News and Views          11:00 Name that Tune          1:00 Music &amp; Mindfulness  <b>2:00 Silver Sneaker Stroll</b>          2:30 "Thirsty Thursday" Social  <b>3:00 Music: Crystal Hoffman</b>          4:00 Thursday Trivia Challenge          6:00 Documentary</p> <p style="text-align: right;">6</p>	<p>9:30 Coffee &amp; Conversation  <b>10:00 Friday Flex</b>          10:30 Gridiron Greats!          11:00 <i>Peaceful Piano special guest</i>  <b>2:00 Walking Club</b>          2:30 Legends &amp; Lombardi  <b>3:00 Social: Touchdown Tailgate!</b>          4:00 True or False?          6:00 Evening Movie</p> <p style="text-align: right;">7</p>	<p>9:30 One on One Visits  <b>10:00 Chair Yoga</b>          10:30 Discussion Circle          11:00 A-Z Game          1:00 Music &amp; Mindfulness  <b>2:00 Movie Matinee &amp; Popcorn</b>          4:00 B'Doodle          6:00 Creative Coloring</p> <p style="text-align: right;">8</p>					
<p>9:30 One on One Visits  <b>10:00 Sunday Stretches</b>          10:30 News &amp; Views          11:00 "Name 10 Things" Game          1:00 Music &amp; Mindfulness  <b>2:00 Chapel with Pastor Aaron Vriesman</b>          3:00 Fellowship Hour &amp; Hymns          4:00 Kickball  <b>6:00 Super Bowl Sunday!</b></p> <p style="text-align: right;">9</p>	<p>9:30 Coffee &amp; Conversation  <b>10:00 Monday Moves</b>          10:30 Who am I? Black History Edition          11:00 Finish the Phrase          1:00 Music &amp; Mindfulness  <b>2:00 Silver Sneaker Stroll</b>          2:30 Creative Corner  <b>3:00 Music: Jim Quales</b>          4:00 Name that Tune          6:00 Evening Movie: Musical</p> <p style="text-align: right;">10</p>	<p>9:30 Morning Spark  <b>10:00 Chair Yoga</b>          10:30 True or False?          11:00 Guess the Word          1:00 Music &amp; Mindfulness  <b>2:00 Walking Club</b>          2:30 Table Games  <b>3:00 "Snow &amp; Glow" Social</b>          4:00 B'doodle          6:00 Creative Coloring</p> <p style="text-align: right;">11</p>	<p>9:30 Conversation Circle  <b>10:00 Wellness Wednesday</b>          10:30 Who am I?          11:00 A-Z Game          1:00 Music &amp; Mindfulness  <b>2:00 Walk with Me</b>          2:30 Craft &amp; Laughs  <b>3:00 Frosty Photo Fun!</b>          4:00 Riddle me this          6:00 Small Group Activities</p> <p style="text-align: right;">12</p>	<p><b>Happy Birthday Mary!</b>          9:30 Coffee &amp; Conversation  <b>10:00 Thursday Tune-up!</b>          10:30 Valentine's Bingo          11:00 Guess in 10          1:00 Music &amp; Mindfulness  <b>2:00 Silver Sneaker Stroll</b>          2:30 Say it with Flowers  <b>3:00 Social: "Love you a Latte"</b>          4:00 Kickball          6:00 Creative Coloring</p> <p style="text-align: right;">13</p>	<p>9:30 Morning Spark  <b>10:00 Friday Flex</b>          10:30 Cupid's Cafe          11:00 "Heart to Heart"          1:00 Music &amp; Mindfulness  <b>2:00 Walking Club</b>  <b>2-4PM The Heart of Quincy: Valentine's Edition</b>          4:00 Flashback Friday Trivia          6:00 Evening Movie</p> <p style="text-align: right;">14</p>	<p>9:30 One on One Visits  <b>10:00 Chair Yoga</b>          10:30 Wives Tales          11:00 "Name 10 Things" Game          1:00 Music &amp; Mindfulness  <b>2:00 Movie Matinee &amp; Popcorn</b>          4:00 Bowling Fun!          6:00 Table Games</p> <p style="text-align: right;">15</p>					
<p>9:30 One on One Visits  <b>10:00 Sunday Stretches</b>          10:30 Bible Trivia          11:00 A-Z Game          1:00 Music &amp; Mindfulness  <b>2:00 Chapel with Pastor Dave Netzly</b>          3:00 Fellowship Hour &amp; Hymns          4:00 B'doodle          6:00 Evening Movie</p> <p style="text-align: right;">16</p>	<p>9:30 Coffee &amp; Conversation  <b>10:00 Monday Moves</b>          10:30 "Presidential Pursuit"          11:00 "Name 10 Things" Game          1:00 Music &amp; Mindfulness  <b>2:00 Silver Sneaker Stroll</b>          2:30: Say it with Flowers  <b>3:00 Social: "Fun with Fondue"</b>          4:00 Bean Bag Toss          6:00 Evening Movie: Musical</p> <p style="text-align: right;">17</p>	<p>9:30 Morning Spark  <b>10:00 Chair Yoga</b>          10:30 Wives Tales          11:00 Cruisin' Club          1:00 Music &amp; Mindfulness  <b>2:00 Walking Club</b>          2:30 Puzzle &amp; Chat Circle  <b>3:00 Social: Trivia Tuesday</b>          4:00 "Beach Ball" this or that?  <b>6:00 Snowflake Soirée</b>  <b>"Family Night" Billy McAllister</b></p> <p style="text-align: right;">18</p>	<p>9:30 Conversation Circle  <b>10:00 Wellness Wednesday</b>          10:30 Guess in 10          11:00 Armchair Travel          1:00 Music &amp; Mindfulness  <b>2:00 Walk with Me</b>          2:30 Riddle Me This!  <b>3:00 Sunshine Club</b>          4:00 Kickball          6:00 Documentary</p> <p style="text-align: right;">19</p>	<p>9:30 Coffee &amp; Conversation  <b>10:00 Thursday Thrive</b>          10:30 Theme Song Tunes          11:00 Finish the Phrase          1:00 Music &amp; Mindfulness  <b>2:00 Silver Sneaker Stroll</b>          2:30 "Thirsty Thursday" Social  <b>3:00 Music: Ben WaldVogel</b>          4:00 Bowling Fun          6:00 Creative Coloring</p> <p style="text-align: right;">20</p>	<p>9:30 Morning Spark  <b>10:00 Friday Flex</b>          10:30 Today in History          11:00 Name 5 Things Game          1:00 Music &amp; Mindfulness  <b>2:00 Storyteller Spotlight: Elizabeth Trembley</b>  <b>3:00 Music: Bob DeYoung</b>          4:00 Volleyball          6:00 Evening Movie</p> <p style="text-align: right;">21</p>	<p>9:30 One on One Visits  <b>10:00 Chair Yoga</b>          10:30 Guess in 10          11:00 A-Z Game          1:00 Music &amp; Mindfulness  <b>2:00 Movie Matinee &amp; Popcorn</b>          4:00 B'Doodle          6:00 Creative Coloring</p> <p style="text-align: right;">22</p>					
<p>9:30 One on One Visits  <b>10:00 Sunday Stretches</b>          10:30 Conversation Circle          11:00 Daily Devotions          1:00 Music &amp; Mindfulness  <b>2:00 Chapel with Pastor Norm Donkersloot</b>          3:00 Fellowship Hour &amp; Hymns          4:00 Kickball          6:00 Evening Movie</p> <p style="text-align: right;">23</p>	<p>9:30 Coffee &amp; Conversation  <b>10:00 Monday Moves</b>          10:30 News &amp; Views          11:00 "What's in the bag?" Game          1:00 Music &amp; Mindfulness  <b>2:00 Silver Sneaker Stroll</b>          2:30 Crafty Corner  <b>3:00 Social: Bee Gee's Boogie</b>          3:30 B'Doodle          4:00 Table Talk Tidbits          6:00 Evening Movie: Musical</p> <p style="text-align: right;">24</p>	<p>9:30 Morning Spark  <b>10:00 Chair Yoga</b>          10:30 Po-Ke-No Fun!          11:00 Guess the Word  <b>1:00 Music: Marty Miller</b>  <b>2:00 Walking Club</b>          2:30 Cruisin' Club  <b>3:00 Social: Ol' Blue Eyes Bash</b>          4:00 Bowling Fun          6:00 Creative Coloring</p> <p style="text-align: right;">25</p>	<p>9:30 Conversation Circle  <b>10:00 Wellness Wednesday</b>          10:30 Stretch &amp; Flex          11:00 Junk Drawer Detective          1:00 Music &amp; Mindfulness  <b>2:00 Walk with Me</b>          2:30 Craft &amp; Laughs  <b>3:00 Music: Bing Higbee</b>          4:00 Beach Ball "this or that?"          6:00 Small Group Activities</p> <p style="text-align: right;">26</p>	<p>9:30 Coffee &amp; Conversation  <b>10:00 Thursday Tune-up!</b>          10:30 Aromatherapy  <b>11:00 "Thirsty Thursday" Social</b>          1:00 Music &amp; Mindfulness  <b>2:00 Silver Sneaker Stroll</b>          2:30 Book Nook  <b>3:00 Music: Rush Clement</b>          4:00 Name that Tune          6:00 Creative Coloring</p> <p style="text-align: right;">27</p>	<p>9:30 Morning Spark  <b>10:00 Friday Flex</b>          10:30 Today in History          11:00 Name 5 Things Game  <b>12PM Outing: Red Rock Grille</b>  <b>2:00 Walking Club</b>          2:30: Say it with Flowers  <b>3:00 Music: Chris Sloan</b>          4:00 Volleyball Fun          6:00 Movie</p> <p style="text-align: right;">28</p>	<p>9:30 One on One Visits  <b>10:00 Chair Yoga</b>          10:30 True or False?          11:00 Guess the Word          1:00 Music &amp; Mindfulness  <b>2:00 Movie Matinee &amp; Popcorn</b>          4:00 Kickball          6:00 Table Games</p> <p style="text-align: right;">29</p>					

\*Activities are subject to change\*